Welcome to Sapienza!

Sapienza University of Rome

The Italian Higher Education System

Arriving in Rome & Practical Information

Life on Campus

Students Services

Counselling Services

Leisure and Free Time

Contacts
Sapienza University of Rome is happy to welcome you to our community!

Every year, we receive nearly 7000 students from around the world, along with nearly 1200 incoming and outgoing exchange students. We are proud of the diversity of our student population and look forward to the contribution that you will make to life at Sapienza.

Settling into a different environment and adjusting to new situations can be challenging, but Sapienza provides students with a variety of extra-curricular activities, services and counselling. We truly hope you will enjoy your time at Sapienza and make the most of it both academically and personally.

The Sapienza International Office will provide you with guidance and support before, during and after your stay. We look forward to meeting you and helping you to make the most of your time in Rome.

Sapienza Programmes for International Students:
- Erasmus+
- Erasmus Mundus
- Bilateral Agreements
- Science without Borders
- Visiting Students
- Invest your talent in Italy

WELCOME TO SAPIENZA!
Sapienza University, which was founded in 1303 by Pope Boniface VIII, is one of the oldest universities in the world and a top performer in international university rankings.

The 115,000 students enrolled at Sapienza can choose from over 300 Degree Programmes (Bachelors, Masters and PhDs) and 200 Professional Master Courses, while the “Scuola Superiore di Studi Avanzati” manages honours programmes.

Sapienza has 11 Faculties, 63 Departments and various research centres that drive high levels of excellence in archaeology, physics and astrophysics, as well as humanities and cultural heritage, environmental studies, nano technology, cellular and gene therapy, design and aerospace. Moreover, students enjoy 59 libraries (two of which are open 24 hours/day), 20 museums, the Ciao/Hello Student Orientation Office, the SORT Faculty Orientation Office and an Office for Disabled Students.

Throughout the course of the year, Sapienza organises a myriad of cultural, social and sporting activities to encourage students to enjoy life on campus. These include the Sapienza MuSa orchestras, choirs and ensembles; the Theatron - Ancient Theatre Group; Sapienza web radio and wide range of sports facilities.

Sapienza’s large student population includes over 30,000 students from outside of the Rome area, ca. 7000 foreign students and 1200 students on mobility programmes. Thanks to its extensive network of universities from around the world, Sapienza provides its students with a wide range of international opportunities, including double-degree programmes, scholarships for writing theses abroad, traineeships in European and non-European countries, and international PhDs.

Sapienza provides all international students very convenient flat rate for enrolment.

The main Sapienza campus, which was designed by Marcello Piacentini, opened in 1935. It is located close to the city centre. It is the largest university in Europe - a city within the city - where teaching activities are integrated with laboratories, libraries, museums and a wide range of student facilities and services. Faculties and Departments also pursue their activities in off-campus buildings throughout the city. Sapienza also has two other campuses, outside of Rome, in the Lazio Region.
THE ITALIAN HIGHER EDUCATION SYSTEM

Grading System
The Italian university grading system for course exams is based on a 30-point scale (18 and above is considered passing), while a 110-point grading scale is used for the final dissertation (66 is the minimum grade necessary to graduate). The Cum Laude is equivalent to with Honours and assigned to praise outstanding students for each exam and/or upon completion of their university degree.

Academic Calendar
Academic calendars provide information on the beginning and end of courses, exam sessions, vacations, and national and religious holidays. Typical schedule for Bachelors and Masters Programmes:

- **Fall Semester**
  - Courses: September - December
  - Exams: January - February
- **Spring Semester**
  - Courses: March - May
  - Exams: June - July

Students may only enrol in the Fall Semester. Students do not have to enrol for courses to attend lectures. Once lessons begin, just go to the lecture hall and attend the lesson. (It's a good idea to get to the lesson on time as some classes fill up fast). In fact, attendance is often optional, although some professors may ask you to sign an attendance sheet to keep track of the students who attend lessons regularly. Moreover, the course load may vary slightly depending on whether or not you attend the lessons. Some professors may ask students who do not attend lessons to integrate their course work with an extra or a different textbook to balance the workload for all students. Textbook requirements and related information for each course are listed on the faculty website (Lista dei programmi).

A Word of Advice:
To enrol as a degree seeking student or request information about Sapienza, we highly recommend you to get in touch with our offices at least six months before the beginning of the academic year. Students may only enrol in the Fall Semester.

Exams
There are three exam sessions at Sapienza:
- Winter (January and February)
- Summer (June and July)
- Autumn (September)

Faculties publish the exam dates as soon as possible, so check your faculty website or notice board for exact dates and times. In order to take exams, you must book on-line via the Infostud student portal. You can book an exam on-line from one month to one week before the exam date. Once the exam is booked, remember to print your
receipt, as you will need to present it and have it signed by your professor. Remember to hold on to it as final proof of your exam. Most exams are oral, although some may also have a written part. Your professor will provide further information on this. During a standard oral exam, the professor or one of his/her assistants will question the student for about 15-30 minutes, depending on the subject matter. If there are too many students on one exam day, the professor may decide to divide the students booked for that day into two or more groups, which means that some students will have to take the exam on another day. If this is necessary, the professor will inform his/her students on the day of the exam or a few days beforehand, if possible. On the day of the exam, when you are called for the exam by the professor or assistant, you will need to show the receipt of your exam booking and a form of photo ID. After the exam, you will receive a score ranging between 18 and 30 (18 being the minimum passing grade). In order to praise outstanding results, the examiner may add “cum laude” to a maximum score. If you are not satisfied with your exam score, you may refuse it (before it is registered) and take it again on another date for which you will have to re-register as above. At the end of the exam session, all the results are registered on the university database and a couple of days later they will be visible on your Infostud portal personal page.

Please note: If you are an exchange student and you need to leave earlier than a scheduled exam session, you will have to organise this with the professor at the beginning of the semester. Without an official or regular examination, you will not be able to receive your transcript of records.

Contacting Professors You can contact your professor via his/her email. These are available on the office notice board or on the faculty websites. You can also see your professor during his/her office hours, which are also published on the office notice board or the faculty website.
ARRIVING IN ROME & PRACTICAL INFORMATION

Key words:
- Anagrafe is the Registry Office
- Comune is the Town Council
- Stazione Termini is the main train station in Rome
- Agenzia delle Entrate is the agency issuing your tax code

ARRIVAL IN ROME

Visa and Customs
EU citizens don’t need a visa to enter Italy. However, if your stay will be longer than three months, you will need to register at the Anagrafe of the Comune where you live. Non-EU citizens have to apply for a student visa at the Italian Embassy or Consulate in their home country. Student visas are free of charge. Please keep in mind that you can only apply for your visa after having received confirmation of your admission to the university. The following documents are usually required for visa application:
- Visa application form
- Photo (passport size)
- A valid passport (with at least six months validity)
- Proof of economic independence for your stay in Italy: minimum €350 per month for the academic year. Such proof may be a personal bank account, family assets or proof of a scholarship (Erasmus; Science without Borders; etc.)
- Proof of accommodation in Italy

Some countries also require medical insurance and/or additional documents. The full list of documents required for visa application is available on Italian Embassy websites and on the website of the Ministry of Foreign Affairs: (www.esteri.it/MAE/EN).

Passport Control
If you are travelling from a Schengen country, there is usually no passport control at the airport (in compliance with the Schengen agreement). If you are travelling from a non-Schengen country, you will undergo a passport and visa check. Please make sure you have all the required documents and keep the invitation letter from Sapienza with you.

Airport Security
You may be stopped and asked additional security questions. If you encounter any problems on arrival or if you have any concerns regarding your passage through immigration/passport control, please ask the Immigration Officer to contact Sapienza International Office by telephone (Tel. 06/49910032 From Monday to Friday, 9:00 am – 5:00 pm).

Getting to Rome from Fiumicino Airport
Train
The Rome Fiumicino “Leonardo da Vinci” Airport (FCO) is connected to the city centre via a direct express train and slower trains on the FR1 Regional Railway line.
Leonardo Express:
- direct train to Termini Station;
- journey time 30 minutes;
- ticket costs €14;
- the train leave the airport every 30 minutes from 6:36 am to 11:36 pm.

A Word of Advice:
Please make sure you keep the following documents/items with you when travelling (possibly in your hand luggage):
- Passport, travel documents and tickets
- Visa (if necessary)
- Invitation/admission letter from Sapienza
- Medical insurance certificate (if applicable)
- Proof of accommodation (if applicable)
- Other documents for immigration purposes (if applicable)

Warm clothing – winter in Rome can be cold (0-10 degrees)
Any required medication
Address, telephone number and travel instructions to reach your final destination
Cash (EUROs) to pay for airport transfers and public transport
Travel adaptor.

04/21/2020
04/21/2020

Alternatively, you can buy the tickets by credit card. Machines. You can pay with cash or the station counter and at automated
follow the indications in the airport
To reach the airport train station
30 minutes.
Sundays. Weekend trains run every 15 minutes, except on Saturdays and Fridays. Everyday trains run every 30 minutes.
To reach the airport train station follow the indications in the airport arrivals hall. Train tickets are sold at the station counter and at automated machines. You can pay with cash or by credit card.
Alternatively, you can buy the tickets on-line: www.trenitalia.it

FR1 trains:
- destination Orte/Fara Sabina) make several stops;
- journey time 30-60 minutes, depending on your destination;
- tickets cost €8;
- the service runs from 5:57 am to 11:27 pm with a train leaving every 15 minutes, except on Saturdays and Sundays. Weekend trains run every 30 minutes.
To reach the airport train station follow the indications in the airport arrivals hall. Train tickets are sold at the station counter and at automated machines. You can pay with cash or by credit card.
Alternatively, you can buy the tickets on-line: www.trenitalia.it

Bus
A number of bus companies provide transportation from the airport to the centre of Rome (‘Termini’ central train station or Piazza Cavour - Vatican Area).
- tickets cost €6-6 one-way and €9/12 return trip;
- the journey lasts ca. 1 hour, but traffic during peak hours can severely delay the buses.
Night bus 40N (€4.50)
- connects the airport with the train stations of Rome Tiburtina and Rome Termini;
- tickets cost €6.50;
- buses depart at 1:15 am, 2:15 am, 3:30 am and 5:00 am;
- tickets are sold on board.

Taxi
The cost of a taxi ride from Fiumicino Airport to the city centre (within the Aurelian Walls) is €48. Beware of taxi drivers trying to overcharge you. All costs should be clearly indicated and available inside of the taxi and agreed Taxes in Rome are white and they have an identification name and number on the front door.

Shared Taxi – Door-to-Door
Airport Shuttle
The Sapienza International Office provides all exchange students and researchers a door-to-door shuttle service at the discounted rate of €18 (Fiumicino Airport to the city centre). The driver will wait for you at the airport arrival hall holding a sign with your name. Payment must be made in cash to the driver. E-mail booking is required (airports@shuttleairportshuttle.it)

Getting to Rome from Ciampino Airport
Bus
Direct bus services from Ciampino to Termini station are provided by several bus companies (SIT, Terravision, Schiaffini);
- tickets can be bought at the airport;
- tickets cost €4.00/€4.50

Bus and Train
To get to Rome city centre from Ciampino airport (CIA) you can take a bus (Cotral) at the airport to the Underground (Metro) Line A station in Anagnina;
- tickets cost €1.20;
- buses leave every 40 minutes from 6:00 am to 10:40 pm.
From Anagnina, you can take the underground or city buses;
- you can use the same ticket for buses and the underground;
- the ticket costs €1.50 (valid for one Metro ride or 75 minutes on all buses).
Alternatively, you can catch the bus from the airport to Ciampino railway station;
- tickets cost €1.50
From there you can board a train to Termini station;
- tickets cost €1.30;
- journey time 15-20 minutes.

Night bus 40N (€4.50)
- connects the airport with the train stations of Rome Tiburtina and Rome Termini;
- tickets cost €6.50;
- buses depart at 1:15 am, 2:15 am, 3:30 am and 5:00 am;
- tickets are sold on board.

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A word of advice:
- we highly recommend you to take the train to Rome as it’s the fastest and most direct route straight to the city centre;
- beware of taxi drivers trying to overcharge you. All costs should be clearly indicated and available inside of the taxi.

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For further information:
www.adr.it/pax-cia-autobus
www.adr.it/pax-cia-autobus (bus from FCO)
www.adr.it/pax-fco-treno (train from FCO)
www.adr.it/pax-fco-autobus (bus from CIA)

Key words:
Anagnina is one of the end of metro line A Linea A is a metro station or Piazza Battistini

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are unsure or have any difficulties, you can ask for assistance at our International Office or at the HELLO office.
Alternatively, you can make an appointment with Patronato Labor, an Italian government office established to assist people with their Residence Permit applications. To find locations and opening hours visit: www.patronatolabor.it
Once you have completed your application form, you need to present it at the post office. On filling your application, you will have to pay €107.50 – 227.50 (for the Residence Permit procedure) and an extra €30 (for the postal service), using a pre-printed form you will find inside the kit.

Please note:
prices for the residence permit procedure vary according to the duration of the requested stay:
- €107.50 – for periods of stay over 3 months and less than or equivalent to 1 year; €127.50 – for periods of stay over 1 year and less than or equivalent to 2 years; €227.50 – for periods of stay over 2 years.
The post office will give you a receipt for your application, which is your proof of having applied for the residence permit and also indicates the date/time/place of your first appointment, you must bring 4 passport-sized ID photos with a white background, one of which will be attached to your residence permit.

Tax Code
The Codice Fiscale is an alphanumerical code based on your first name, family name and date and place of birth. It is used by the public administration to identify citizens living in Italy. Everyone living in Italy must have one. The Codice Fiscale is also necessary to apply for a residence permit, to open a bank account, to sign a rent agreement, to obtain a canteen card and for many other procedures/activities.

Applying for a Tax Code
You will be able to apply for your tax code directly on campus during the Welcome Week or Day that is organised for incoming students. Alternatively, should you not be able to attend the welcome event, you can apply at the Agenzia delle Entrate (Via Tippolito Nievio 36) when you arrive in Rome. Office Hours: Mon-Fri 8:45 – 12:45 Tues/Wed/Thurs also 2:15-3:35 pm.
The office is located about 500m from the Trastevere train station and can be reached with tram n. 8 or bus no. 3 or 780, getting off at the Piazza Tippolito Nievio stop.

Healthcare
EU citizens can take advantage of the Italian National Health Service.

Keywords:
Permessi di soggiorno is the residence permit
Poste Italiane are the Italian Post Offices
Marca da bollo is the Tax stamp
Codice Fiscale is the Tax code
Pronto soccorso is the Emergency room

For further information:
- about residence permit
  www.agenziaentrate.gov.it
  www.poliziadistato.it
- about tax code
  www.patronatolabor.it

A Word of Advice:
always keep the postal receipt of your residence permit with you. Even better: make also a photocopy to be sure you keep a track of it! It serves as a formal proof that you have applied for a residence permit and it will also allow you to travel within the Schengen Area while you are waiting for your official residence permit card.

Key words:
- about tax code
- about residence permit

Documents required for registering with the Italian NHS:
- Certificate of residence, municipal application receipt or self-certification;
- Valid Identity Card and/or Passport;
- Tax identification code (codice fiscale);
- Name of the selected general physician;
- Payment of €149.77 at the Postal Office to account no. 370007;
- Certificate of enrolment in a legally recognised university (or self-certification).

Please remember to request an E106 (S1) Form in your country before leaving for Italy. Your private health insurance (where applicable) should cover your medical needs for the entire period you are in Italy. If your private insurance only covers medical care for a 3-month period, you can register with the Italian National Health Service (NHS) from the 91st day onwards. The Italian NHS will provide you with the same care as any Italian citizen. This includes:
- Free access to a general physician;
- Free access to first aid hospital services;
- Access to day-hospitals;
- Access to surgical procedures in all public structures.

Healthcare
This includes:
- Access to blood tests and other analyses, examinations and specialist visits for which you have to pay a reduced fee (ticket).

Registering with the Italian NHS:
Registration with the NHS requires payment of an annual tax of €149.77. You can make the payment at any post office to “Amministrazione P.T. – contributo Servizio Sanitario Nazionale”, C/C number 370007. You must also specify the reason for your payment: “iscrizione volontaria al Servizio Sanitario Nazionale”.
To use the NHS, visit a Local Health Unit (ASL) in your area of residence (municipality) with your NHS tax payment receipt and you will be able to select your general physician from a list of doctors in your area of residence.

Documents required for registering with the Italian NHS:
- Certificate of residence, municipal application receipt or self-certification;
- Valid Identity Card and/or Passport;
- Tax identification code (codice fiscale);
- Name of the selected general physician;
- Payment of €149.77 at the Postal Office to account no. 370007;
for emergencies: call 118, the medical emergency toll-free number or go to a hospital first aid centre. (pronto soccorso). You will be assigned a colour code (white, yellow, green, red) based on how serious your condition is. Patients are treated based on these codes, not in order of arrival.

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For specialist visits (gynaecologist, dentist, etc.) your general practitioner will provide you with a referral called a “ticket”. You then need to book an appointment through the dedicated CUP Call Centre (Tel. 80 33 33). You will need to provide the operator with your personal details, including your tax identification code and other information specified on the ticket. Be sure to get a booking number from the operator before you hang up. Always bring your residence permit and health care card with you. (flu, cold, etc.) you should see your general practitioner. Visits to a GP are free, as long as you are registered with the NHS (see above).

For minor health problems (flu, cold, Other Health Issues: if you are assigned a white code, the wait may be very long. Please note:

- if you are assigned a white code, the wait may be very long.

Remember to take your health care card (tessera sanitaria) and health care card with you. Always bring your residence permit and health care card with you.

Types of Tickets

BIT - Integrated Time Ticket:
- costs € 1.50 and lasts 100 minutes from the initial validation;
- only one metro or train journey is permitted.

Daily Pass:
- costs € 6 and is valid until midnight of the validation day for an unrestricted number of journeys.

Monthly Pass:
- costs €35 and lasts for the calendar month, as printed on the pass;
- one person for an unrestricted number of journeys;
- you can buy a monthly pass from any tobaccoconist and news agency up to the fifth day of each calendar month;
- starting on the sixth day of each month, the pass can only be re-stamped within 100 minutes from the initial validation stamp and is then valid until the end of your journey on the metro. It is only valid for one metro journey, but you can take more than one bus. You must keep your ticket with you while travelling on public transport and be ready to show it, on request, to ticket inspectors.

A word of advice:

- Rome is a large, hectic city with lots of traffic, especially during peak hours. The best way to reach the main university campus is with the underground/tube, urban trains, buses and trams. There are several different types of Metrebus tickets that can be bought at ticket offices, newagents, tobacconists and automatic machines in stations. You should not board on the public transport without a ticket. Please remember that you must always validate your ticket at the beginning of your journey and when transferring onto the metro (your ticket must be re-stamped within 100 minutes from the first validation stamp and is then valid until the end of your journey on the metro). It is only valid for one metro journey, but you can take more than one bus. You must keep your ticket with you while travelling on public transport and be ready to show it, on request, to ticket inspectors.

- students live in a shared apartment range from €350 to € 550 (or higher) per month. Please note that you will also be required to pay a 1-3 month deposit when you sign a contract. Always demand a signed receipt of payment, if it is not given to you. Rome is a large city and students live near the Sapienza University campus. To reach the Sapienza campus, you can take Linea B of the metro. Otherwise, you can take the Treno metropolitano (pronto soccorso).

- costs €250 and is valid for 365 days from the date stamped on the pass; it can be purchased at any ATAC ticket office by filling out the forms and attaching a passport photograph.

- costs €6 and is valid until midnight of the validation day for an unrestricted number of journeys.

- the holder must complete the pass with his/her personal details. Holders must show their pass along with his/her personal details. Holders must show their pass along with their passport photograph. Passes cannot be purchased at any ATAC ticket office by filling out the forms and attaching a passport photograph.

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in many different neighbourhoods, depending on their university faculty, costs, etc. While Sapienza has a main campus (Città Universitaria) in the Rome city centre (by the Roma Termini train station), many faculties have buildings in different parts of the city… after all, Sapienza is Europe’s largest university! To find our more about the location of your Faculty, have a look at the map at the end of this document.

Banking
You can open a bank account at any bank in Italy by presenting the following documents:
- Tax identification code (codice fiscale);
- Passport and Visa;
- Letter of invitation/acceptance by host university (where applicable).

You can also choose to open a BancoPosta account at Poste Italiane (Italian Post Office).

Unicredit bank and Poste Italiane have a branch at the Sapienza University main campus.

Telephone and Emergency Numbers
Italy’s international phone code is +39.

There are many mobile phone providers in Italy including: Tim, Vodafone, Wind, 3, Postemobile, etc. We advise you compare services and costs before choosing one. The same is valid for mobile internet connections. You may also be able to buy a pre-paid phone card for international calls in your home country before arriving in Italy.

Emergency numbers (toll-free):
112 Carabinieri (military police)
113 Police
115 Fire Brigade
116 Car Rescue Service
118 Emergency Medical Care.

Costs of Living in Rome
Rome is not a cheap city, but it is much cheaper than many other European cities and there are plenty of reasonably priced and low-cost alternatives for students. Food is great and generally inexpensive, especially if you shop at a supermarket or local market stalls. Eating out, movies and other leisure activities are, again, less expensive than many other European capitals. A meal at a restaurant will vary depending on where and what you wish to have, but a pizza and a beer in a pizzeria costs about €10-12, unless of course you are in the heart of the tourist city centre! Public transportation in the city is also relatively cheap - €1-2 per journey - and much cheaper if you invest in a monthly or yearly pass.

Trains are also far cheaper than in other European cities. Moreover, you can take advantage of a large range of student offers and discounts available at clubs, museums, sporting events, etc.

Your greatest expense will be housing, depending on which area of Rome you choose.

Please note:
the cost of renting an apartment described in the link below refers to the cost of the entire apartment, whereas 3-4 or more students usually share an apartment.)

On average, you will need at least €800-900/month to live in Rome. Although you only need proof of about €500/month to apply for your student VISA, please be warned that this is not enough to live in Rome.

For further information:
www.numbeo.com/cost-of-living/city_result.jsp?country=Italy&city=Rome

A word of advice:
1. Do not make any advance payments from abroad. Make sure to meet with the person who is providing the accommodation when you arrive in Rome before making any payments and if you have any doubts do not hesitate to contact the Welcome Office for advice.

2. Unfortunately, due to the high demand for student housing in Rome, some landlords take advantage of the enormous influx of students by trying to rent their properties to students without an official rental contract. Clearly, this leaves the tenant unprotected and is illegal under Italian law. Bill no. 23/2011 has made it easier to report dishonest landlords and force them to provide you with a legal contract.

3. Like any major city, Rome has its problems. Although it’s a relatively secure city in terms of personal safety, you should pay special attention to your purse, wallet and other personal belongings when you are on public transport (buses, subway, trains, etc.). If you take a Taxi, make sure that the driver activates the meter and only charges you for correct supplements. These are all be listed and detailed in Italian and English on laminated posters on the back seats of all taxis.

Should you lose or have your wallet stolen, you must go to a Police station or Carabinieri to file a declaration. Also don’t forget to block your ATM card with your bank and any credit cards via phone or web.
Sapienza International Student Welcome Week
To help you settle in at Sapienza, we run a Welcome Week in September fully dedicated to international students. We will help you find your way around, settle in, learn about your courses and faculty and make new friends. Detailed information on the Welcome week agenda and activities will be sent to you 2-3 weeks prior to your arrival.

Sapienza Student Card
The Sapienza International Office provides all students with a student card that will enable you to take advantage of special discounts, etc.

Campus Wi-Fi
You can use the campus Wi-Fi by selecting "Sapienza" from the available wireless networks. International students can access the network by using their enrolment identification number (matricola) as a username and their Infostud password.

Libraries
International students have access to all Sapienza libraries upon presentation of a photo ID and their student card. Each library has different regulations, so please consult the library staff for details on how to borrow books; in general, however, a photo ID and a student card or number are required. The on-line library catalogue is available at: http://opac.uniroma1.it/

University Canteens
University Canteens
To eat at the university canteens, you have to apply for a canteen card. Please refer to the specific section of your programme (Erasmus+; Erasmus Mundus; etc.) for further information.

Central Canteen
Via De Lollis 22
Mon - Fri 11:45 am - 3:00 pm and 6:45 pm – 9:00 pm
Sat 11:45 am – 3:00 pm

Faculty of Economics
Via del Castro Laurenziano, 9
Mon - Sat 11:15 am – 2:00 pm
Sun 11:45 am – 3:00 pm

Casal Bertone – Via De Dominici
Mon - Sat 11:45 am – 3:00 pm and 6:45 – 9:00 pm

Civis
Viale del Ministero degli Affari Esteri, 6
Mon - Sat 12:00 am – 3:00 pm and 7:00 – 9:00 pm

Faculty of Engineering
Via delle Sette Sale, 19
Mon - Fri 11:45 am – 2:30 pm
HELLO - International Student Help Desk
Piazzale Aldo Moro 5, Rectorate (Aula Magna Colonnade)
Office hours: Monday – Friday 9:30 am to 5:00 pm
FB: Hello Sapienza – Study in Rome
E-mail: hello@uniroma1.it

INFOSTUD - The Student Information System
Infostud, which is accessible from the student section of the Sapienza website, is the main tool to manage administrative procedures for students, including: registration, booking exams, viewing completed exams, printing forms and certificates such as the university fee paying slip, degree records with completed exams, enrollment certificates, etc. Infostud allows students to print certificates and documents with the University digital stamp of certification.
Exchange students can use Infostud for exam registration only. The results of the exams taken during the stay at Sapienza will be included in the official Transcript of Records issued by Sapienza International Office or the Faculty (Erasmus+ students).

SOrT – Orientation and Tutoring Service
Piazzale Aldo Moro 5, Palazzo delle Segreterie, 3rd floor
Office hours: Monday/Friday 8:30 to 12:00 am; Tuesday/Thursday 2:30 – 4:30 pm
Tel. (+39) 06 4991 2794
Fax: (+39) 06 4991 2748
E-mail: servizio.orientamento@uniroma1.it

SOUL – Career Placement Office
Via Cesare De Lollis, 20 00185 Roma
Office hours: Monday-Friday 10:30 – 12:30 am/2:30 – 4:30 pm
Tel. (+39) 06 4970 1960
Fax: (+39) 06 4970 3987
E-mail: info@jobsoul.it

POPS Psychosocial Orientation and Promotion for Disabled Students
Via Cesare De Lollis, 20 00185 Roma
Office hours: Tuesday 10 am - 1 pm; Thursday 4 – 7 pm
E-mail: gruppopops@gmail.com; sportello@uniroma1.it

Laziodisu Services for Students with Special Needs
Via Cesare De Lollis, 20 00185 Roma
Office hours: Monday-Friday 9:30 am – 1:30 pm and 3:00 pm – 6:00 pm
Tel. (+39) 06/497 0255/256/310

Public Relations Office
Piazzale Aldo Moro 5, Rectorate Building
Office hours: Monday/Friday 9:00 am – 12:00 am; Tuesday/Thursday 2:30 – 4:30 pm
Tel. (+39) 06 4991 4180/4181
E-mail: urp@uniroma1.it
Psychological Counselling Centre
Office hours: Mon 9 am - 2 pm, Tues 2 - 7 pm, Wed/Thurs 9 am - 7 pm.
Tel. (+39) 06 4970 7662
Mail: counselling.psicologico@laziodisu.it
The Psychotherapy Clinic
Villa Tiburtina - Via Casal dei Pazzi, 16
Rome
Tel. (+39) 06 4080 0589
Fax (+39) 06 407 0447
E-mail: fattivivo@uniroma1.it
This service is free.
"Dacci un segno! .. possiamo darti una mano!" Psychological Counselling Service
Azienda Ospedaliera Sant’Andrea - SORT desk, Room 125 - Level 3
Office Hours: Mon - Fri 10:00 am - 3:00 pm
Tel. (+39) 06 3377 5383.
E-mail: unicounseling@gmail.com
www.sapienzacounseling.com
Gong - Nutritional and Gastronomic Education
Piazzale Aldo Moro 5, 00185 Rome Sanarelli Building - Department of Science and Public Health
Tel. (+39) 06 4991 4669
UNITAB - Anti Smoking Awareness Office
Piazzale Aldo Moro 5, 00185 Rome Sanarelli Building - Department of Public Health and Infective Diseases
E-mail: info@unitab.it
http://www.unitab.it/
To help international students get the most out of everyday life at Sapienza there are a number of student groups, clubs and organisations keen to involve new international members. These include:

CUS Sapienza Sports Facilities
See Sapienza website

Music at Sapienza (MuSa) Orchestras
- Classical MuSa (orchestra and chamber music);
- MuSa Jazz (bands and solo musicians);
- MuSa Choir (vocalist groups devoted to polyphonic and choral music).

Tel. (+39) 06 4991 0656
FB: MuSa – Musica Sapienza

University Concert Institution (IUC)
Lungotevere Flaminio 50, 00196 Rome
Office hours: Mon - Fri 10:00 am – 1:00 pm/2:00 – 5:00 pm (on concert days: 10 -12 am)
Tel: (+39) 06 36 100 51–2; Fax (+39) 06 36 001 511
E-mail: botteghino@istituzioneuniversitariaideiconcerti.it
FB: Istituzione Universitaria Concerti
www.concertiiuc.it

Three types of memberships are available: full season (€44), Calliope (€22 - concerts on Saturday afternoons) and Minerva (€22 - concerts on Tuesdays evenings).

Franco Maria Saraceni Student Choir
www.corosaracenci.org
Email: posta@corosaracenci.org
Tel. (+39) 06 3201 150

Main Italian Public Holidays
January 1: New Year’s Day
January 6: Epiphany
March-April: Easter Monday
April 25: Liberation Day
May 1: Labour Day
June 2: Anniversary of the Republic
June 29: St. Peter and St. Paul (only in Rome)
August 15: Ferragosto
November 1: All Saints’ Day
December 8: Immaculate Conception
December 25: Christmas Day
December 26: St Stephen’s Day

Theatron – Ancient Theatre at Sapienza
Piazzale Aldo Moro, 5 - 00185 Rome
Tel. (+39) 06 4991 0656 Fax (+39) 06 4969 0360
E-mail: theatron@uniroma1.it
FB: Theatron – Teatro Antico Alla Sapienza

CTA - Sapienza Theatre Centre
Phone: (+39) 06 4991 4108

Student Organisations and Associations
Sapienza “in Movimento” Student Association
www.sapienzainmovimento.it
Email: sapienzainmovimento@gmail.com

Erasmus Student Network – Sapienza
www.esn-roma.it

Student discounts are available for a wide range of products and services, as well as sports and cultural activities, both on and off campus.

Religion
Rome is a large, multi-ethnic city that caters to followers of many different religions.
A listing of the major places of worship in Rome is available at: tavolointerreligioso.org/luoghi-di-culto-a-roma/
FOR GENERAL INFORMATION ON STUDYING AT SAPIENZA:
Hello – International Student Help Desk
Rectorate Building Colonnade
E-mail: hello@uniroma1.it

FOR INFORMATION ON ENROLLING AT SAPIENZA:
International Admissions Office
Palazzo Servizi Generali
Stairwell C - Second Floor
E-mail: settoretitolostraniero@uniroma1.it

FOR INFORMATION ON STUDENT EXCHANGE PROGRAMMES:
Erasmus+ EU
Office hours: Mon/Wed/Fri 9:00 – 12:00 am
E-mail: erasmusincoming@uniroma1.it

Erasmus+ Extra EU
E-mail: erasmusworld@uniroma1.it

Student Exchange on bilateral agreements
E-mail: intstudex@uniroma1.it

Science without Borders
Office hours: Mon-Fri 10:00 am – 1:00 pm
E-mail: csfsapienza@uniroma1.it

Sapienza Programmes for International Students:
- Erasmus+
- Erasmus Mundus
- Bilateral Agreements
- Science without Borders
- Visiting Students
- Invest your talent in Italy
Map of the campus

1 - ARI International Office
2 - Rectorate Building
3 - CIAO - Welcome office for Sapienza's students
4 - HELLO - Welcome office for international students
5 - Admissions office
6 - Coffee Bar
7 - Post Office
8 - Bank
9 - PhD office